

“Hello superheroes!

You are super and so are your parents! Can you tell me ways your mom is your super-hero every day? Like she “flies” you around town or her “powers-you-up” with food.”

(wait for answers...write them down)

“Great job, little heroes! Let’s thank our moms today and everyday for keeping us super!

Today we are spending time with some other career heroes! We are here to learn what they do to keep us safe and what we can do to keep us, and those around us safe too. At the end of today, I hope you have added to your super hero arsenal of awesomeness you already brought with you.”

Turn it over to the army guys.

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At the end, lead a discussion. “Alright little heroes, what are some more super-powers we learned from firefighters today?” (take notes)

“How we can use our new hero powers we learned from army guys to enhance our super powers of (plug in initial discussion answers here).”

“Great answers! I’m so glad we learned so much today! Now, MaxaMoms and MaxaKids, let’s thank the army guys for their time today. Our next event is coming up next month. Here’s a flier to remind you and we look forward to seeing you! Bring friends!